



PLANNING YOUR BUDGET

This guide will help you plan how much additional spending money you may need for your trip to Ghana, in addition to the Program Fee. Your in-country costs will vary depending on how much comfort and familiarity you are willing to pay for.

The price estimates are to help our program participants that may plan side-trips throughout Ghana.

Please keep in mind that the following prices are averages and may vary depending on where you shop, the city you live in and how well you bargain. Our program tour guides help our program participant with bargains. These are just estimates.

PRE-DEPARTURE:	
Roundtrip Airfare from Most Major U.S. Cities	\$1,500
Cost of Required Vaccination (Yellow Fever only)	\$100
Cost of to Process Ghana Visa	\$60
Cost of Required Anti-malarial Drug @ one per week (Larium)	\$7/pill
(please note that there is a large range in prices for various anti-malarial drugs)	
FOOD & DRINK IN GHANA:	
Lunch Out: Chicken, Rice & a Coke	\$3
Dinner Out: Lobster, french fries & a Beer	\$10
Eat Out Traditional Food: Fufu/Banku/Yams/Akple with soup/stew)	\$1
Snacks at local Market: fried yam, tiger nuts, banana chips)	\$1
One Week of Groceries for Cooking at Home	\$20
(This does not apply if you are living with a Host Family)	
Bottle of Purified Water (1.5 Liters)	\$1
Bottle of Coke	\$.25
Soda	\$.50
Bottle of Beer [BIG BOTTLE 20 AZ]	\$1
ACCOMMODATIONS¹:	
One Night Hotel in Accra (with A/C)	\$60
One Night Hotel in Accra (no A/C)	\$20
One Night Hotel in Kumasi (with A/C)	\$50
One Night Hotel in Kumasi (no A/C)	\$15
One Night Hotel in Cape Coast (no A/C)	\$50
SITE SEEING:	
Typical Entrance Fee To A Tourist Site	\$10
(This is normally included in the cost of your trip)	
Entrance fee to Kakum National Park	\$10
Entrance fee to Castles	\$5-\$10
TRANSPORTATION:	
Roundtrip Travel Between Cape Coast And Accra (Public Transportation)	\$3
Roundtrip Travel Between Cape Coast And Accra (Personal Taxi)	\$35
Roundtrip Travel Between Cape Coast And Elmina (Personal Taxi)	\$3
Daily Cost to Hire a Taxi All Day in Accra	\$25
Roundtrip Travel Between Kopeyia And Denu (Public Transportation)	\$.40



SHOPPING:	
One Male Ghanaian Shirt	\$6
One Female Ghanaian Dress	\$9
Medium-Sized Wood Carving	\$10
Small-Sized Wood Carving	\$5
Plain Beaded Necklace	\$.40
Kente Cloths	\$5-\$10
COMMUNICATION:	
Internet Access (1 hour)	\$1
Phone Card (15 minutes to USA)	\$4
BUDGET AT DAGBE CULTURAL AND ARTS CENTER:	
Cost per week of bottled water, toilet paper, transportation to/from market, snacks, drinks, recreation	\$50
Cost per extra private lesson for drum making, weaving, axatse making, drumming and dancing. (You will have 4 hours of lessons a day; beyond that you will pay extra)	\$5

¹ Normally our program cost includes accommodation, host family expenses and ground transportation. This cost sheet is just to give you an idea about how much it cost to be in Ghana. The price estimates are to help our program participants that may plan side-trips throughout Ghana.